

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## Lizel Taljaard

Has successfully participated & completed the

5km Prestige Trail Run Series #1

held at Tierpoort Adventure Farm.

## **TIME** 00:53:54

**PACE** 10:45/km **OVERALL** 88 of 113

**GENDER** 46 of 68 **40 - 49** 11 of 16



BoutLime

Signature